Keep the economic crunch from biting your practice

By Sally McKenzie, CMC

As many of us have observed and experienced firsthand, the economy isn’t doing so great these days. Patients are delaying treatment. They are looking for lower cost options. If patients perceive an appointment isn’t particularly necessary, chances are they will find an excuse to cancel or reschedule. Consequently, practices are scrambling to fill cancellations, and no-shows are on the rise.

This is all the more reason why patients need to understand that dental care isn’t a matter of personal preference, but an option to be exercised when they have a little more discretionary income. Rather, oral health is essential to the patient’s overall health and well-being.

It’s up to the dental team to use every opportunity to educate patients that dentistry isn’t about just brushing and flossing; it’s about controlling diabetes, helping to prevent heart disease and respiratory ailments, as well as helping to ensure that pregnant women carry their babies to term.

First, check the messages that you are sending to patients. If you are minimizing the need for care, you are doing your bottom line no favors. Hygienists must take the time to verbalize exactly what they see clinically.

In addition, at the end of the appointment, remind the patient about the findings, such as the pocketing on the lower left that is more of a concern now than it was at a previous appointment.

In turn, the dentist must be singing from the same songbook. If she/he walks in and says, “Everything looks great. See you in six months,” not only will both of you lose credibility, you’ll virtually ensure production shortfalls for both dentist and hygienist. If everything does not look great, emphasize the importance of addressing concerns.

Follow up or fall down

Follow up with patients who delay care. In too many cases, patients forgo or delay treatment because they really do not understand the importance of pursuing treatment.

In between appointments, continue to educate patients. Too often dentists will tell a patients something once or twice and believe they’ve done their part to educate them on the matter. Take a page from McDonald’s—everyone in the country knows what a Big Mac is, but that doesn’t mean they stop telling us, at every opportunity, how delicious they are.

Patients are inundated with hundreds of competing messages every day, which means that for the message to have impact, it must be repeated multiple times and in multiple ways. You can’t just send out the newsletter or the postcard and expect to have it increase hygiene days.

You have to continue to reiterate the message many times and on multiple levels. Telling patients something once or handing them a brochure isn’t ongoing patient education.

What’s more, patients need to understand how they will benefit, so make that an integral part of your message. It’s essential that patients recognize that the dental practice is an essential stop on their journey toward overall good health. It’s up to you to bring them along.

Pursuing treatment should be easy

Next, make it practical for your patients to pursue treatment. This may be a good opportunity for you to review your financial policy and guidelines. It should be neither too lax nor too severe. A policy that is too lenient can create undue financial strain on your practice. A policy that is too strict can cause patients to forgo necessary and elective dental procedures.

The plan should encourage patients to pursue dental care and pay for that care promptly. Consider these possible options:

- If you choose to allow patients to make installment payments, determine how long you are willing to wait for payment. For example, perhaps you will allow all patients under a procedure that cost over a specific amount to pay for the treatment in three installments over a three-month period.
- Your timeframe can be longer or shorter depending on your preferences. However, it must be finite and it should only be extended to patients undergoing more costly treatment.
- Accept all major credit cards, and in lieu of allowing patients to carry large balances on their accounts, encourage them to pay with credit cards.
- Explore the availability of patient financing companies, such as CareCredit. Some patient financing companies will allow patients to pay over 12 months or longer; however, the dentist receives payment immediately.
- Encourage patients to build a credit on their account before the treatment begins.
- Consider offering those patients who are pursuing more costly and more comprehensive dental care a slight adjustment in the fees, such as 5 percent, if they pay for the procedure in full upfront.
- Expect patients that have insurance coverage to pay their portion of the fee at the time the dental care is provided.
- Provide a limited number of specific options from which patients may choose, and avoid the urge to make too many exceptions to the policy.
- Many patients appreciate payment options because they have a means to pay for procedures that are necessary, but can become costly. Certainly, options can and should be provided; they should never compromise the fiscal integrity of your practice or cause accounts receivables to exceed more than one month’s production.